



Remember how much fun it was to be part of a team when you were a kid? Those days don't have to be over. If you want to compete in a team sport and have fun then USTA League Tennis is the right match for you! It is the country's largest recreational tennis league that provides organized and competitive matches for people of all ability levels. In addition, it ensures that you play against opponents of similar ability, whether you are playing on a team consisting of all women, all men or mixed doubles. Contact your AREA LEAGUE COORDINATOR to find a team to participate on or to be a team captain and start your own team!

The Southern California Tennis Association/Coachella Valley offers six different divisions throughout the year:

USTA MIXED DOUBLES LEAGUE (19 years & older)

This league plays January-March. It is a "combo" league, in which both men and women of different NTRP levels may play together on a team. The NTRP difference between members of an individual doubles team may not exceed 1.0. Play takes place in the 6.0, 7.0, 8.0, 9.0 and 10.0 levels. Each local league champion participates in the Area Playoffs and/or Section Championship in April. The Sectional Champions advance to the National Western Championship in November. Format: 3 Doubles matches.

USTA ADULT LEAGUE (19 years & older)

This league plays December-April. Play takes place in the 2.5, 3.0, 3.5, 4.0, 4.5, 5.0 and 5.5/Open NTRP playing levels, with men and women playing on separate teams. Each local league champion participates in the Area Playoffs (July) and/or Section Championship (August). The Section Champions advance to the National Championships in September & October.

Format: 2 Singles and 3 Doubles matches (NTRP levels 3.0-4.5)

Format: 1 Singles and 2 Doubles matches (NTRP levels 2.5, 5.0, 5.5/Open)

USTA SENIOR LEAGUE (50 years & older)

This league plays December-February. Play takes place in the 3.0, 3.5, 4.0 and 4.5 NTRP playing levels, with men and women playing on separate teams. Each league champion participates in the Area Playoffs and/or Section Championship in September. The Section Champions advance to the National Championships in October. Format: 3 Doubles matches.

USTA SUPER SENIOR LEAGUE (60 years & older)

This league plays February-April. It is a "combo" league, in which players of different NTRP levels may play together on a team. The NTRP difference between members of an individual doubles team may not exceed 1.0. Play takes place in the 6.0, 7.0, 8.0 and 9.0 levels, with men and women playing on separate teams. Each league champion participates at the Section Championship in September. The Section Champions advance to the National Championships in April of the following year. Format: 3 Doubles matches.

SCTA DOUBLES LEAGUE (19 years & older)

This league plays September-November. Play takes place in the 2.5, 3.0, 3.5, 4.0, 4.5, 5.0, 5.5/Open NTRP playing levels, with men and women playing on separate teams. Each league champion participates in the Area Playoffs and/or Section Championship in January of the following year.

Format: 3 Doubles matches.

COACHELLA VALLEY COMBO DOUBLES LEAGUE (19 years & older)

Takes place May-June. It is a "combo" league, in which players of different NTRP levels may play together on a team. The NTRP difference between members of an individual doubles team may not exceed 1.0. Play takes place in the 6.5, 7.5, 8.5 levels, with men and women playing on separate teams. There is no progression to Playoffs or Sectionals. Format: 3 Doubles matches.

**CONTACT: Donna Ringer, SCTA Area League Coordinator for more information
760.772.9884 or donnaringer@msn.com**

